

Strains

1. A police officer strained his lower back while removing an individual from a body of water.
2. An officer strained his lower back while picking up an object.
3. A police officer experienced right leg pain due to the repetitive movements of getting in and out of his assigned vehicle.

Strains from Motor Vehicle Accidents

1. An officer was responding to an accident scene with his lights and siren activated when another vehicle struck the officer's vehicle at an intersection. The officer injured his neck.
2. A police officer involved in a motor vehicle collision experienced head, shoulder, and chest pain.

Strains from Foot Pursuits

1. A police officer involved in a foot pursuit was running at full speed when the individual the officer was chasing barreled through a fence. The officer stopped too quickly and felt a sharp pain in his lower right knee.

Slips / Falls

1. A police officer exiting his cruiser lost his balance and injured his calf.

Slips / Falls from Foot Pursuits

1. An officer stepped off a curb and injured his ankle while trying to arrest an individual who fled.
2. An individual fled from a vehicle after a police officer conducted a traffic stop. The officer chased the individual who tripped and fell, causing the officer to fall and strain his knee.

Exposures:

From Bodily Fluids:

1. A police officer suffered a cut finger while assisting with a combative individual taken to a hospital for blood samples. The incident exposed the officer to the individual's blood.

From Animal Bites:

1. A homeowner's dog bit a police officer on the arm. The officer was responding to a domestic violence call.

From Other:

1. An officer stepped on a nail while on the firing range.

Arrests

1. An individual headbutted an officer in the nose as he was attempting to arrest the person.
2. An officer suffered a lower back strain while attempting to place a resisting suspect in handcuffs.
3. A police officer caught his hand between a couch and a juvenile who dropped her body weight onto the officer while he was escorting her out of a residence for a mental evaluation.
4. An officer injured his ankle while attempting to restrain a combative individual.
5. A police officer suffered an injury while assisting medical personnel by holding down an individual while they attempted to retrieve medication from the person's mouth. The individual kicked the officer's elbow.
6. A police officer suffered a knee injury after falling to the ground while arresting an individual.
7. An officer injured his wrist while restraining an individual.
8. A police officer landed on both knees while forcibly taking a resisting individual to the ground.

Training

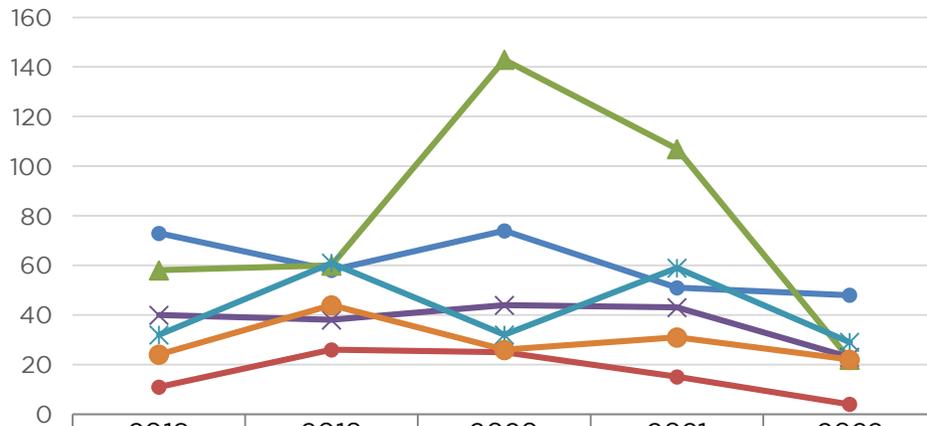
1. A police officer in motorcycle training laid his bike on its side, falling backward and striking his head on the pavement.
2. An officer fell and landed on his hand after rolling his ankle during mandated physical training.
3. A police officer felt the muscles in his left forearm pop while setting 40-pound dumbbell weights on the floor.
4. A police officer experienced pain in his knee from holding a motorcycle upright during a motorcycle training course.
5. An officer participating in mandatory defensive tactics training injured his shoulder when he landed on it.



*Together,
We Can Get
Below 100*

Remember Wear Your Vest, Wear Your Seatbelt, and Slow Down!!

Yearly Law Enforcement Injuries



	2018	2019	2020	2021	2022
Arrests	73	58	74	51	48
Cuts	11	26	25	15	4
Exposures	58	60	143	107	22
Falls	40	38	44	43	23
Strains	32	61	32	59	29
Training	24	44	26	31	22